



Sermon Notes

Sermon Title: Under The Influence

Sermon Foundational Scripture: **Genesis 27:5–13 (NIV)** — **5** Now Rebekah was listening as Isaac spoke to his son Esau. When Esau left for the open country to hunt game and bring it back, **6** Rebekah said to her son Jacob, “Look, I overheard your father say to your brother Esau, **7** ‘Bring me some game and prepare me some tasty food to eat, so that I may give you my blessing in the presence of the Lord before I die.’ **8** Now, my son, listen carefully and do what I tell you: **9** Go out to the flock and bring me two choice young goats, so I can prepare some tasty food for your father, just the way he likes it. **10** Then take it to your father to eat, so that he may give you his blessing before he dies.” **11** Jacob said to Rebekah his mother, “But my brother Esau is a hairy man while I have smooth skin. **12** What if my father touches me? I would appear to be tricking him and would bring down a curse on myself rather than a blessing.” **13** His mother said to him, “My son, let the curse fall on me. Just do what I say; go and get them for me.”

Sticky Statement: A toxic trait is a recurring way of thinking, reacting, and behaving that is formed by unexamined influences that operates below your awareness and eventually leads to injury, embarrassment, or incarceration.

Supporting Scriptures:

- ⇒ Genesis 24:15 (NIV)
- ⇒ Isaiah 65:24 (NIV)
- ⇒ Genesis 24:16–20 (NIV)
- ⇒ Genesis 27:1–4 (NIV)
- ⇒ Genesis 25:21–23 (NIV)

Three Toxic Traits That Influence:

1. Exposure
2. Assumptions
3. Injuries