



A Prayer for Freedom from Soul Ties and Soul Wounds

Father, I come before You acknowledging that my soul is impacted from connections I choose, and wounds I did not deserve. Today I ask you to help me search my heart so that I may see where there are attachments you didn't assign.

Confession

Lord, I confess every ungodly soul tie I have formed through relationships, agreements, and intimacies that were not aligned with Your will for my life. I come into agreement with what you say about my behavior. I confess that I gave access to my heart, my mind, and my body to people and patterns that were never authorized by you. I bonded out of my brokenness and confused their lust over me with their love for me. My gracious God and forgiving father, I ask Your forgiveness.

Cutting

By the authority of the finished work of Jesus Christ, I now sever every ungodly soul tie formed in my past and my present. I break every covenant, connection, and covering that was made outside of Your will and Your Word. I release every person I have wrongly held onto and every person who has wrongly held onto me. What was joined in disobedience, I now separate in repentance.

Covering

Father, cover every wound that these ties created. Heal the places in my soul where rejection, betrayal, shame, and abandonment took root. Where trauma tried to write my identity, let Your truth rewrite my story. Restore what was fragmented, reorder what was disoriented, and reconnect me fully and freely to You as my primary source of identity, intimacy, and security. Let no residue remain, no echo return, and no open door stay open. Seal my soul in Your peace and let me walk forward whole.

In the name of Jesus, I pray. Amen.