

FUEL

FAITH. UNITY. ENDURANCE. LONGEVITY.

EWING CAMPUS

FUEL is Change Church's health and wellness initiative — fitness classes, wellness workshops, health challenges, and faith-centered encouragement to help you grow physically stronger, mentally healthier, and spiritually grounded, one consistent step at a time.

WHAT YOU'LL FIND AT FUEL

- Fitness Classes
- Walking Groups
- Wellness Workshops
- Health Challenges
- Family Wellness Activities
- Mental & Emotional Wellness
- Community Accountability
- Faith-Based Encouragement

AUGUST 2026

WED, AUG 5

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REGISTER

WED, AUG 12

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WED, AUG 19

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WED, AUG 26

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