

# CHANGE

THEY TURNED THE WORLD UPSIDE DOWN.

## WHO CAN I RUN TO? Small Group Discussion Guide

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**Main Idea:** God provides escape routes, but escapism happens when we ignore His direction and create our own relief.

**Icebreaker Question:** What is one healthy and one unhealthy way people try to cope with stress or pressure?

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### Discussion Questions

1. Why do you think God chose Egypt instead of a closer option?

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2. What stood out to you most about Joseph's obedience?

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3. How does Wise Withdrawal look practically in everyday life?

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4. Why is lament difficult for many believers?

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5. Where do you sense God inviting you to Sacred Yielding?

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**Prayer Focus:** Pray for discernment to recognize God's escape routes, courage to resist escapism, and trust to follow God's direction even when it disrupts comfort.